

TELEHEALTH EXPERIENCES

A conversation about telehealth experiences



- Discuss successful strategies for implementing telehealth
- Review telehealth best practices
- Explore barriers to successful telehealth practices
- Consider the future of telehealth





TODAY'S PANELISTS AND MODERATORS

Panelists: Moderators:

Dawn Willbarger, MBA Kerri Lanum

Vice President, Riverside Medical Group Clinical Informatics Specialist, ILHITREC

Rob Baechle, MS LCPC Sam Ross

Clinical Informatics Analyst, Project Manager, CHITREC

DuPage County Health Department

Julie Kelly, RHIA Lauren Wiseman, MSN, RN-BC

Manager Health Information Clinical Informatics Specialist, ILHITREC Management,

Warner Hospital & Health Services

RIVERSIDE'S JOURNEY





Kankakee, IL

312 bed hospital

Inpatient and Outpatient care

>170 employed providers/ 44 locations

Magnet Hospital

TELEHEALTH IMPLEMENTATION

Some telemedicine services prior to COVID-19

In late March rolled out to primary care, immediate care and specialty care

Go-To-Meeting platform selected shortly thereafter switched to Doximity

Telehealth visit volume

BARRIERS TO IMPLEMENTATION AND USE OF TELEHEALTH

- End user technology and learning curve
- Providers and patients reluctant to participate at first
- Concern around managing patients for a longer time period without face to face visits
- All payers were not covering the same telehealth services at the beginning of the pandemic

FUTURE OF TELEHEALTH AT RIVERSIDE

- Moving to a new platform- Vidyo
- Continuation of more ways for patients to access care
- Keeping track of payer policies for reimbursement of telehealth services

DUPAGE COUNTY HEALTH'S JOURNEY



TODAY'S PANELIST



- Rob Baechle, LCPC
 - Clinical Informatics Analyst, DuPage County Health Department
 - 23 years experience with the county, including prior work in patient care
- DuPage County Health Department
 - 500 staff providing services to the uninsured and underinsured
 - Tuberculosis, Women/Infant/Children, Behavioral Health, Immunization, Emergency Dental, Restaurant/Well Inspections

COMMITTING TO TELEHEALTH



- Limited experience delivering remote care prior to COVID-19
 - Children & adolescent psychiatry services by contracted clinicians
 - Telephone Observed Medication Therapy for tuberculosis
- Implementation plan when public health emergency began
 - Engaged high-level leadership; leveraged BCBS telemedicine expansion grant*
 - Specified responsibilities for IT, Directors, Compliance, Analysts, Client Access, Health Promotions, Billing/Accounting, Clinic Supervisors
- Prepared clinicians/staff and patients for virtual care

^{*} Discussed during Q&A. IL opportunity now closed but may be available in other states

MAINTAINING QUALITY OF CARE



- Ensure necessary in-person care is available and what can be done safely using telehealth
 - 24/7 crisis stabilization services; psych evaluations for discharge/acute symptoms
 - Keep up with CDC guidelines and best practices; consider complexity and acuity
- Address technology issues for staff and clients
 - Support providers with equipment needs in the home
 - Plan for technology gaps and breakdowns with clients
- Extra attention to compliant billing

TELEHEALTH BEYOND COVID-19



- Focus on payer policy
 - Careful attention to CMS guidelines
 - Evaluate payers returning to stricter guidelines
- Focus on Client/Staff safety
 - Adjust on-site services to meet/exceed CDC guidelines
 - Identify opportunities to improve access to care without sacrificing safety/quality
 - Develop guidelines for telehealth to increase client's ability to attend treatment

WARNER'S JOURNEY



Intro

Critical Access Hospital
Rural Health Clinic
Serving Clinton, Illinois and
DeWitt County

https://www.warnerhospita l.org

TELEHEALTH BEFORE COVID

Rural Health Clinics

Telehealth used for off site specialty care



RHC – Originating Site



Distant Site -Specialist

PANDEMIC SHIFT

Late March - April - May: Emergency care

- Minimize risk to patients, clinicians and s
- Continue to provide BH care

Barriers:

- Medicare Medicaid Waivers needed
- Lack of telehealth software
- Billing and Coding

Challenges:

- TH software needs to work with EHR
- Rural patients lack of devices and interne
- Billing and coding

Solution

Work with NARC and ICAHN

Leverage Zoom with HIPAA waivers – telephone check-ins

Purchase known and trusted software –
Dr. First

Slow roll out to providers

Use Doxy.me for SNF encounters

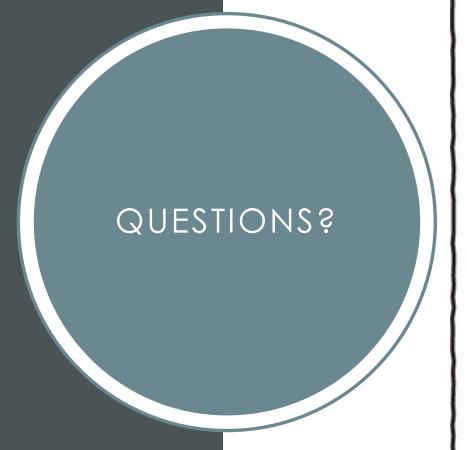
TELEHEALTH NOW AND FUTURE

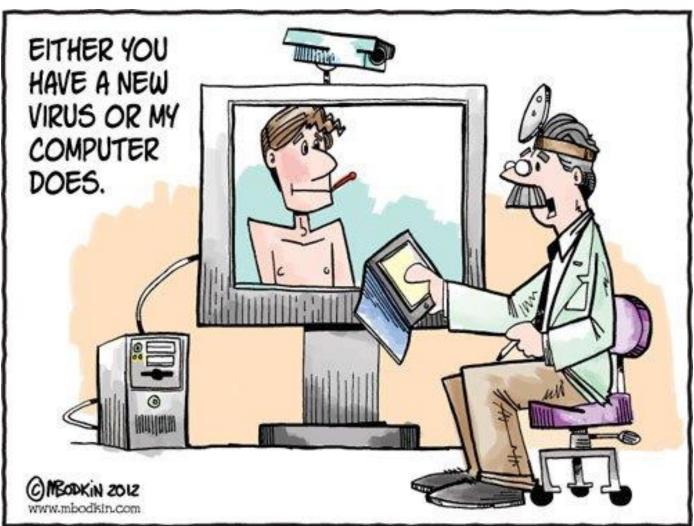
Now

- Patient still want face to face visits
- Providers still want face to face for acute conditions

Future

- Use TH for chronic disease management
- Expand behavioral health access





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